



RELIGIOUS

ENGLISH

RE: This week will enable us to be Curious and Active in our Gospel values and Virtues. We will continue study the fall in the Old Testament when we study Genesis. We will learn about freewill when we find out about Cain and Abel. We will explore our own lives and look at how free will gives us choice. Finally as we explore our Catholic Social Teaching we will try to look after one another as we discover more about the Common Good. We can make a difference as we try to collect food for the Harvest and for our local community. We will also be preparing for the Month of the Rosary, where we will try to say a daily decade each day. The Rosary is so important and it is gives a powerful message for peace, as we join our prayers with Our Lady. Little Way week will begin and we will try to follow St. Therese of Lisieux's example of offering an active of kindness each and every day.

In English this week, we will complete our work about Shaun Tan's The Lost Thing and all the activities that will contribute to this film and narrative. We will be able to create our own narratives about the Lost Things that we have created!

Spellings: Weekly spellings are available on the learning plans on the school website. During the week, you will complete activities using these spellings in class (below 'Spellings'). Homework will be sent out each week. Further explanations are on the UKS2 Working Together meeting which was held last week (the powerpoint will be on the OLC website)

Reading: Reading books have been sent out and we hope to change them during the week (please send your child's reading journal book into school each day, as there will be many reading opportunities in school each day). The books are shared in the class library too. Please record any additional books that have been read in their reading record books. You and your families can add lovely comments of encouragement to share your special reading time each day.



Maths Practice Journals homework in class which gives us the opportunity to address any misconceptions. Please complete the following pages for dated 30.09.2024 *Maths homework will be sent out on a Friday and due in the following Friday (in time for marking). We have Times Tables Rockstars letters and logins to complete some wonderful online fun activities using our multiplication skills!

Thank you so much for your support. Please do come and see us if you have questions. Kind regards,

Mrs Redfern, Miss Chick, Miss Dowling & Mrs Freeman

This Weekly Learning Plan shares the learning that will be taking place this week.

Teachers:	Miss Chick Mrs Humphries Miss Dowling	Year:	Year 6	Date:	30.09.2024
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RE	Gospel Values & Virtues: LO: To know and understand the of being both Curious and	Lesson 1: See ppt (300 minute lesson)	Lesson 2: (60 minute lesson) See ppt	Lesson 3: (60 minute lesson) LO: To know the story of	Prayer and Liturgy –Year of Prayer /Catholic Social Teaching
	Active	w/b 24.09.2024 Big Question		Moses and the people of Israel in the Wilderness	Focus-Creation & Dignity



NOTE: Class Mass 5R 26.09.2024 Class Mass 5/6 D 03.10.2024 6C By being both Curious and
Active explain
why the Commandments
are important for our lives
today



LO: To know the Story of the Fall.

Big Question:

What does it mean to have freedom of choice from God and how can that freedom be abused? LO: Know the Story of Cain and Abel.

BIG Ouestion:

What can we do to overcome some of these emotions and create greater harmony in family life and in our relationships with people in general?

- o To know the Story of the Manna and Water from the Rock
- o To understand why God provided for the needs of his people.
- o To be able to empathise with the thoughts of the people and Moses at this event.

Big Question:
How do we know that God called
the people of Israel to have a
relationship with Him and how
did they respond to this
invitation?



<u>Liturgy Leads: Prayer</u>
<u>Focus</u>
The Our Father

Prayer Table & Book insert...

Share this poster with the children. Note that it has been displayed by/on the RE board.

Allow time to discuss both being curious and active.

Ongoing...

Use these qualities in their daily prayers and in their daily lessons

Note: A lesson will be based on these qualities in the coming weeks.

How can we show that we are being both Curious and Active this term in RE?

Catholic Social Teaching
The Common Good:
We can all work together

- To understand that the writer uses a story to talk about human beings' freedom to choose to do right or wrong.
- To be able to discuss and reflect upon choices to do right or wrong and the consequences of these choices.

Activities:

Read Genesis 3: 1-15.
 Explain to the children that this is a story that was written to

explain freedom of choice that God had given to people and how that freedom could be abused.

What does the story tell us about the consequences of choosing to do something that is wrong?

- Read the story of Cain and Abel. What was Cain and Abel's relationship like?
- Why was Cain so jealous of Abel? Why did he want to do him some harm?
- This story reminds us of resentment and jealousy being two human emotions that can damage relationships between people and be a cause of
- Explore some real life scenarios when they have experienced such emotions against members of their family or friends. How have they reacted when they have felt these things? What have been the consequences of their actions?

sin.

Activity 1: Recall previous learning about Moses.

- What did God ask of Moses at the burning bush?
- What did Moses ask
 Pharaoh to do and what was Pharaoh's reply?

Recall the story of Moses leading the people from Egypt through the Red Sea.

- Read some extracts of the story of Moses and the people of Israel journeying through the wilderness.
- Read the story of the manna and the story of water from the rock.

Empathise-Try to consider the plight that the people of Israel found themselves in.
How would you have felt at this time of difficulty?

Imagine that they were one of the Israelites... with a partner share

The Our Father

Let us say this prayer with understanding? Revisit the meaning of this prayer, the prayer that Jesus taught us...



OLAAS Children's Charter (verbal):

All Saints are servants of Christliturgy/meditation

POG: Focus

To know that the Bible is a library of books that can be placed into different categories. They will be

Harvest- bringing in food for the local community

What words would you use to describe these consequences?

BIG QUESTION: What do you think life would be like if people did not sin by the wrong choices they deliberately make?

- Read the story of Cain and Abel. What was Cain and Abel's relationship like?
- Why was Cain so jealous of Abel? Why did he want to do him some harm?
- The story reminds us of resentment and jealousy being two human emotions that can damage relationships between people and be a cause of sin.
- Explore some real life scenarios when they have experienced such emotions against members of their family or friends. How have they reacted when they have felt these things? What have been the consequences of their actions?

(R1 That love and service express love of God and at times this will involve sacrifice).

(L6 How love of God is shown in obedience to God's commandments).

- Use a Bible which provides this sort of information.
- o Consider using role-play or circle-time as an opportunity to discuss some of these issues.
- o Explore with the children some qualities that are needed to live and work in harmony with other people.

Activities: Read the story of Cain and Abel.

- What was Cain and Abel's relationship like?
- Why was Cain so jealous of Abel?
- Why did he want to do him some harm?

The story reminds us of resentment and jealousy being two human emotions that can damage relationships between people and be a cause of sin.

children to explore some real life scenarios when they have experienced such emotions against members of their family or friends.

How have they reacted when they have felt these things?

their own thoughts and fears about having little food and water.

Letter: All write a letter as one of the Israelites to Moses begging him to find food and water. Encourage the children in their writing to consider reasons why the plea for help is so desperate.

Dear Moses,

Your trusty people

A faithful Israelite

Activity 2: All imagine that they were Moses.

How would you have felt with all the people grumbling and knowing that they were in a state of despair?

Write a prayer as Moses to God, asking for his help to overcome these difficulties.

In the story of the manna and water from the rock we discover that God provides for his people. From these stories what words could you use to describe the care of God?

Activity3: Create kennings about the action of God from these two stories...

able to identify some styles of literature found in the Bible. They will know some stories of significant people from the Old Testament and will be able to discuss the relationship these people had with God. They will know and be able to reflect on the Commandments.

To know that the Bible is a library of books that can be placed into different categories. They will identify a few styles of literature from the Bible and will be able to recall parts of some Old Testament stories.

Extend Knowldege: Tp have a greater knowledge of the structure of the Bible. Be able to identify and use different styles of literature found in the Bible. In recalling significant Old Testament stories they will understand that God called the people of Israel into a relationship with him and that they in their turn were asked to respond to his invitation. They will understand and be able to explain why the Commandments are important for life.

			What have been the consequences of their actions? Understand that it reminds us of jealousy and disharmony in human relationships.	Kenning: Introduce the children to kennings as a form of literature to describe somebody or something. Israelite- Food provider God/ Moses- Freedom Giver Thirst-Quencher People -	
Maths	Rules of divisibility Pages 47-49	Primes to 1 <mark>00</mark> Pages 50-52	Squares and cubes Pages 53-55	Multiply by a 1-digit number Pages 58-60	Multiply up to a 4 digit number by a 2- digit number Pages 61-63
	LO: To develop a story plan by innovating ideas.	LO: To use the progressive past tense to write multi- clause sentences.	LO: To use a variety of devices to describe a character.	LO: To use powerful verbs to	express ideas in writing.
English	Bare-bones planning: Return to 5 illustrations from the working wall that can best describe the sequence of the story. Use our own lost things to create a plan for our own narratives – innovate ideas from the sequence.	Shared writing: Using the shared plan, model writing the final paragraph of the introduction to the shared story, using words and phrases 'borrowed' from the text. Model writing in the first person, progressive past tense, e.g. I was working hard on my coin collection, when I found the lost thing. Give children some sentence stems using the progressive past, e.g. I was playing on the beach,	Shared writing: Model writing the part where the narrator takes the lost thing home. Refer back to modal verbs and expanded nouns to include a description of how the new lost thing should be taken care of, which can be used of a way to deliberately manage shifts in formality within the writing. Also model adding in the section for the 'Ministry of Odds and Ends' advert. This	Supported sentences: Model writing the ending of the finds its home and the narrated experience. Show the sentence: I still think about that lost think especially when I see something eye that doesn't quite fit. Identify the verbs in the sentence meaning and improve the verbel the lost thing from time to time something out the corner of meaning. Model editing children's work children understand the expectations.	or reflects upon the og from time to time, ong out of the corner of my ence. Return to shades of bs, e.g. I still wonder about ne, especially when I spot ny eye that doesn't quite using the visualizer so



Things that could change are:

Who is the main character? What are they collecting, e.g., shells? Setting – e.g., where does it take place? What is the lost thing? Create a story map for new version of The Lost Thing.

when... I was taking the lost thing home, when... I was feeding the lost thing, when... Include a detailed description of the new lost thing based upon the descriptions created in session 9.

Explain (and recap on) the progressive past tense, e.g. I worked becomes I was working. Discuss the rule, e.g. take off -ed, add was before verb and - ing to root.

Children to use progressive past, drawing upon stems from shared writing, to create their first paragraphs to describe how the main character finds his/her lost thing. Ask children to include detailed descriptions of their lost things based upon those created in session 9. Return to the part of the story where he discovers the thing was lost. Model using as to create a fronted adverbial clause, e.g. As the minutes slowly jerked by, there was no denying the awkward truth. It was definitely misplaced.

could be embedded into the text as a different text type and as a way of managing a shift in the levels of formality. Children use their story plan and writing to write the middle part of their stories, including a detailed description of their lost things and how to take care of it. Identify the modal verb sentences and model adding a comma to separate the clauses, e.g.

after the first clause.

and add commas.

Children to return to writing



SPAG - assessment P1

Simple, Compound and Complex sentence

Understanding simple, compound and complex sentences
Simple sentence o metatos era dana. Comprand sentence – pien simple meterom topolier simp moralisating corporations. Complex motorous – pien simple meterom topolier simp moralisating corporations.
Took 1: Identify whether the nestences are simple, depth temporal or complex.
Wayre Max foart, but I prefer cared.
lide visit my grandere exemy Sunday
When the whistle blow the numers light the storting blods.
The mon was cross because he received a yorking ticket.
My panerče color is red
Task 2. Look at the two simple sentences in such sourcepie. Rewrite them to used compound sentences. Use each one efficiently sequenties in the spid originate. Or Or Or Or
b) I Bis Constinut My hrother helps them
el Locis went to the shops Sho bought a new dess.
d) On his discalability if you arrive they if you to the york.

SPAG - assessment P1

Relative Clauses



READING

Setting of The Lost Thing

The story takes place in a world that looks a bit like our own but is filled with unusual and surreal elements. The beach where the boy finds the Lost Thing is colourful and lively, contrasting with the grey, industrial places that come later in the story. This setting helps us understand the emotions of the characters and the themes of the story, such as the search for belonging in a disconnected world.

- Where does the boy find the Lost Thing?
- How does the setting change throughout the story?
- What does the setting

READING

Characters in The Lost Thing

In The Lost Thing, the main character is a young boy who enjoys collecting bottle caps. He is curious and kind, which helps him connect with the Lost Thing. The Lost Thing is the other important character; it is a peculiar creature that seems out of place. Throughout the story, we witness how the boy interacts with the Lost Thing and learns about the importance of helping others.

Answer the following things:

- What hobby does the boy have?
- What type of creature is the Lost Thing?
- How does the boy feel about the Lost Thing?



Spelling & Handwriting	develop dictionary disastrous embarrass environment equip (– ped, –ment) especially exaggerate excellent e	develop dictionary disastrous embarrass environment equip (– ped, –ment) especially exaggerate excellent e	develop dictionary disastrous embarrass environment equip (ped, -ment) especially exaggerate excellent e	develop dictionary disastrous embarrass environment equip (– ped, –ment) especially exaggerate excellent e	develop dictionary disastrous embarrass environment equip (-ped, -ment) especially exaggerate excellent e
Humanities	History: Benin Kingdom: Lesson 4: What was the transatlantic slave trade? Which continents were involved in the transatlantic slave trade? What journey did enslaved Africans make?	Computing: Programming: Music Programming: Music Lesson 3: Musical storytelling LO: To plan a soundtrack program. Success Criteria:	Science: Special effects materials Take a look at the volcanic explosion picture (Hamilton resources) and learn that the explosion of the volcano used CGI but that the volcanic ash was created using cellulose insulation. In this particular	PSHE Being a Citizen of My Country Show the images of different children from PowerPoint on Jigsaw Portal. Ask children what they know about the UNCRC (United Nation Convention on the Rights of the Child). In table groups	Unit: Make my voice heard Lesson 2: Symbolic Imagery Look at the artwork by Dan Fenelon called 'A Walk In The Sun.'

How did Britain benefit from the slave trade?

What are the impacts of the slave trade?

I can decompose the story.

I can plan my program.

I can explain how my program will add to the story.

film over 300 SFX technicians were employed! During this session the BFI wants you to explore two chemical reactions – one that creates an erupting volcano and one that creates an explosive rocket (if resources have arrived). Check your understanding of 'reaction'. We call the substances that are combined the 'reactants'. What does a reaction produce? (a changed substance/material as well as often new substances) Are reactions reversible? Why? (Not generally). You will create your own erupting volcano and exploding rocket, by mixing certain reactants. Follow the Hamilton guidance to carry out these reactions, stick photos of our reactions into your book under a heading (Rocket non-reversible chemical reaction / Volcanic nonreversible chemical reaction) and explain in detail what you could see, hear and smell for each reaction.

ask the children to list what rights they think all children should have. Continue working through the PowerPoint and then share Article 12 with the children "I have the right to a say about decisions that affect me and to have my opinion heard." Ask them to discuss in pairs what an associated responsibility might be and share some of their ideas (e.g. I have the responsibility to give space for others' opinions and to listen with an open mind).

For each of the Articles

children will

Explain that Fenelon's work reflects how he is inspired by Maya art and interprets this using his own modern style. Discuss the meaning of the word 'aesthetic' if any children are unsure. (Used in this context as an adjective, it describes something that is pleasing to look at.) Ask the children to think about what other symbols could represent them. Encourage them to talk with their peers to help generate ideas and record them in sketchbooks. Show the Pupil video: Art using symbols and explain to the children that they are going to create a drawing filled with patterns inspired by those found in Maya art, as well as their spirit companion and

any other symbols they have thought of.



MFL: French:



Journey to a French School

Learning objective: To conduct a survey and present the findings in French.

- I can use an appropriate question form to seek information..
- I can record information accurately in French, including the use of acute and grave accents.
- I can use the correct form of the verb aller to present results.

Watch and listen - Teacher video: Journey to school

Have ready

- Presentation: Travelling to school.
- Knowledge organiser: French Transport (one copy each, kept from lesson 2).
- Numbers 1-20 this is an external website and we do not have control over the content. Please check before showing it to the children.

Whiteboards and pens (one each). A soft ball or beanbag. Bilingual French/English dictionaries (optional).

Activity: Class transport survey (pre-cut, one each).

Recap and recall -Sentence chaos

Display slide 1 of the Presentation: Travelling to school.

Give the children a five-minute time limit to work in pairs to put the words back into the correct order for each sentence. They should write this on a whiteboard. Before they begin, remind the class that the negative ne... pas is placed around the verb in a sentence in French. Take feedback from the class and then click to reveal the answers.

Attention grabber

Display slide 2 of the Presentation: Travelling to school.

Play the question and answer and invite the children to listen and repeat. Ask the children what these might mean:

Comment tu vas à l'école? – How do you go to school?

Je vais a l'ecole en voiture. – I go to school by car.

Display slide 3. Play the five different ways of travelling to school. For each one, ask the children to note on a whiteboard, in English, the transport used. Remind the children that ne... pas means not/don't.

Ask volunteers to share responses, then click to reveal answers. Note that in the fourth one, there was a negative – the person does not go to school by boat, they go to school by train.

Main Event: Asking and answering questions

Display slide 4 of the Presentation: Travelling to school.

Throw a softball to different children in the class and ask them the question: comment tu vas à l'école?

Use this as an opportunity to assess whether the children provide an answer in French using familiar language. The chart on the slide can be used as support.

Allow the children time to practise asking and answering the question in pairs.

Distribute the Activity: Class transport survey (one each) and make sure that the children have access to the Knowledge organiser: French Transport (see Print in advance). Underneath the question, the children should write their sentence for how they travel to school in French in the answer box.

Explain that they will go around the classroom, ask each other the question (practise this again), listen to the answer then tick the corresponding box. Model this first with a volunteer and tick the corresponding box on the interactive whiteboard.

Describing orally and in writing Display slide 5 of the *Presentation: Travelling to school.* Ask the children to count up how many responses they have for each type of transport and note the number for each in the corresponding column of the table.

Children will need to say the numbers in French. If you feel they need to practise numbers 1 to 30 again, please use the numbers song link in the Have ready section. Remind the children that whilst number twenty-one is vingt-et-un, twenty-two to twenty-nine are composed of the bigger, followed by the smaller number; trente is thirty.

Listen to the question: Combien de personnes vont à l'école en bus dans la classe? – How many people go to school by bus?

Click to reveal the incomplete answer and ask a volunteer to give the number of peers they found who travel by bus, in French, then write it into the answer space on the interactive whiteboard.

Dans la classe, ______ personnes vont à l'école en bus. – _____ people go to school by bus.

Proceed similarly with the guestions on slides 5, 6, and 7.

Model how to use the incomplete answer structure to write all four sentences by writing the numbers from their tally into the gaps.

Point out that et – and, mais – but, can be used to create longer sentences.

For example: Dans la classe, dix personnes vont à l'école en bus et huit personnes vont à l'école en trottinette. Dans la classe, douze personnes vont à l'école à pied, mais trois personnes vont à l'école en voiture.

Discuss whether there were any other types of transport mentioned. If so, challenge the children to add further sentences for the other types of transport that peers use to come to school using the answer structure and changing the noun for transport. If only one person is using a certain type of transport, remind pupils they will need to use une personne va ... as it is the third person singular form of the verb aller – to go.

Wrapping up Use the Pupil videos: Phonemes – Mouth Mechanics accompanying this lesson to practise pronunciation of phonics with the children.

French firsts – a timeline: TGV – France's intercity high-speed train (Train à Grande Vitesse) began service in 1981. Originally designed to link major French cities, it now also links Italy, Spain and the UK (Eurostar). The TGV is often a double-decker train and has been known to travel at up to 200mph. Display the class graph (created in the Main event) and compare it with other classes. Which class walks the most?

Pédibus: Ask the class to find clues in the name to help them work out the meaning (foot bus). Watch the video to discover: where the children are going; how they are travelling; the advantages of this; whether it exists in England; what pupils think of this initiative and why?

Link: Frenchschooljourneybyfootbus - this is an external website and we do not have control over its content - please check before showing it to the children.

VOCABULARY:

VEn train by train

En taxi by taxi
En autobus/en bus by bus
En avion by aeroplane/ by plane
En ballon/montgolfière by hot air balloon
En voiture by car

En bateau by boat
En ferry by ferry
à trottinette by (push-along) scooter
à moto by motorbike
à vélo by bicycle
à pied on foot

Comment tu vas à l'école? How do you go to school?

Je vais à l'école I go to school Ils vont à l'école They go to school

Music:



Combien de personnes vont à l'école en bus? How many people go to school by bus?

Learning objective

To play call and response rhythms using percussion instruments.

Success criteria:

- I can join back in if I lose my place.
- I can listen to the pulse and play my instrument in time.
- I can count the rests (silences) accurately

Watch: Teacher vid<mark>eo:</mark> Drumming away to Afr<mark>ic</mark>a Have ready

- Presentation: Odd one out (Main event).
- Presentation: Drumming away to Africa (Main event).
- Djembes (traditional African drums) and/or any other drums, alternatively woodblocks or maracas (one each).
- A metronome or online metronome, for example: Link: Online metronome.*
- Link: Arrivée et salut à l'assistance by Les Maitres-Tambours du Burundi on VideoLink.*
- Link: Badenya Foly by Group Bwazan on VideoLink.*

* These are externa<mark>l w</mark>ebsites and we do not have control over their content – please check before showing them to the children.

- Activity: Listening activity Drumming away to Africa (one each).
- Answer sheet: Drumming away to Africa listening (one teacher copy).

Recap and recall

Display the Presentation: Odd one out and use it to recap learning from the previous lesson.

Presentation: Presentation: Odd one out

Answers:

Audio 3 is the odd one out because it is a flute playing, while the other two have drums.

Attention grabber

Explain to the children that they are going to play rhythms inspired by West African drumming during this lesson. In preparation, they will do a listening activity.

Give each child a copy of the Activity: Listening activity – Drumming away to Africa.

Play the first audio file using the link: Arrivée et salut à l'assistance by Les Maitres-Tambours du Burundi and ask the children to answer the questions on the Activity: Listening activity – Drumming away to Africa.

Play the second audio file using the link: Badenya Foly by Group Bwazan and repeat the activity.

Discuss their answers, using the Teacher notes: Answers: Listening activity – Drumming away to Africa for reference if needed.

Questions

How do these pieces sound similar? (Answers may include: they both use drums, have more performers, are fast and loud.)

How do these pieces sound different? (Answers may include: the second one is faster, the first one involves vocals.)

Main event: Display the Presentation: Drumming away to Africa.

Presentation: Drumming away to Africa

As a warm-up, use s<mark>lid</mark>e 1 to practise playing some of the rhyth<mark>ms</mark>. Allocate djembes or drums (or woodblock or maracas) to each pupil. To focus their attention, ask them to play loudly, quietly, quickly or slowly and get them to copy exactly.

- Display slide 2 and introduce the key words that will be used over the next two lessons.
- Display slide 3 and go over the rules for playing the djembes.
- Using slides 4 and 5, teach the children the two different ways to beat the djembe (open and bass).
- Show slide 6 and teach the children the basic warm-up call and response rhythms. Use a metronome to help maintain a constant pulse (for an online metronome, see Link: Online metronome.
- I am a tour-ist in U gan da
- Chicken in a vest (clap) we are the best
- Slug (rest) cater-pillar slug (rest) cater-pillar
- Tea coffee tea coffee tea coffee

Teach the children one line/rhythm at a time and use repetition. Have a go at doing the rhythms slowly and then more quickly; loudly and quietly, with the pupils copying them in the same way.

Explain to the children that West African drumming groups always have a master drummer, who is the drummer in charge. Acting as the master drummer, demonstrate the rhythms and ask the children to copy them. Consider using a drum with a stick for this part so the children can hear it better.

Split your class into four groups and allocate each group a rhythm.

Start tapping a steady beat and then get the children to join in group by group.

Hopefully, you will get all four rhythms playing at the same time and in time.

Questions

What is the traditional West African drum called? (Djembes, pronounced jem-bays.)

What is the name of the lead drummer? (Master drummer.)

What is 'call and response'? (A lead person sings or plays and then the other performers immediately sing or play the same.)

What does it mean if you are 'improvising'? (Making music up as you go along.)

Choose a child to have a go at being the master drummer, keep the steady beat and decide when each group should join in.

Vocabulary Break

A rhythm that haven't been played yet.

Improvisation

Making things up as you go.

Master drummer

The group leader who plays the call and keeps the beat.

Ostinato

A short rhythm that is repeated again and again in a music piece.

Poly-rhythms

Multiple different rhythms played at the same time.

Syncopation

A shift of accent on different beats than usually.



Walk 7,000 steps this week!



- 25 sit ups
- run on the spot for three minutes
- 15-star jumps

REAL PE:



Suggested Rules

Play in teams of 5-7 players.

The aim is to move the ball up the court and score by passing it to a target player in the endzone.

Start in your own half except for one player who plays in an end zone in opponents' half. (Rotate end players regularly.)

One team starts the game from their end line, with players allowed to run with the ball or pass it to a teammate.

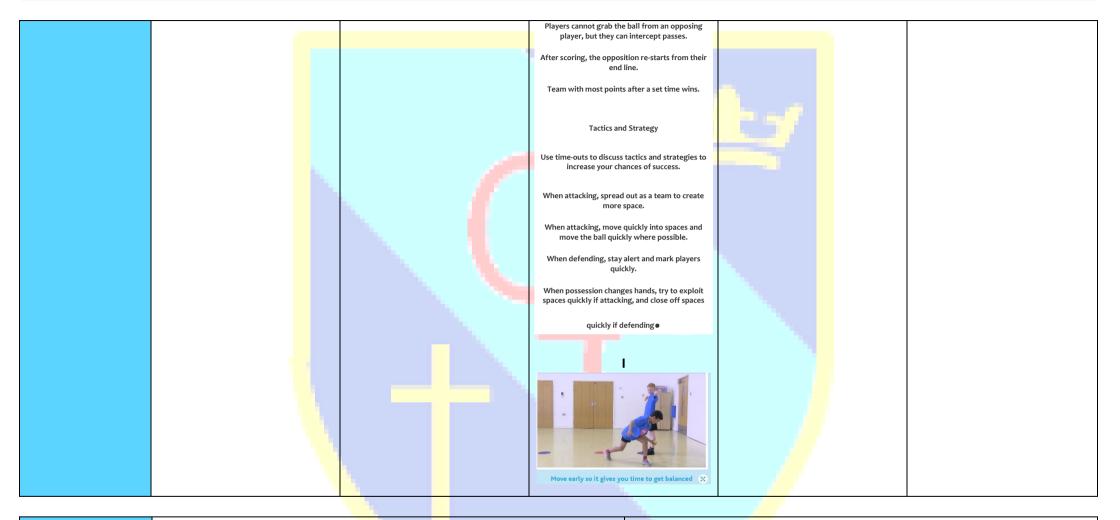
Players can be tagged while moving with the ball but not when stationary. If tagged when moving with the ball, the ball is turned over to the opposition.

If a player moves with the ball and then stops, they must then pass the ball.

Plan an exercise circuit that lasts 5 minutes. E.g. 1min jog 1 min mountain climbers 30 secs squat jumps 30secs run 1 min burpees You can add exercises like squat pulses or tuck jumps to increase







Homework	: CGP Maths Homework book:	CGP SPAG Homework book 1:	
	Written adding and subtracting (Pages 10-12)	Set A: Test 2 (Pages 6-9)	
	All Homework will be marked and set in school.		
	Homework is due in on a Friday.		

Communicating with school

Please direct all queries to the school office email on: office@olc.solihull.sch.uk

